

## **GENERAL NOTICE OF COBRA CONTINUATION COVERAGE RIGHTS**

## **Introduction**

receiving this notice because you are currently covered under a group health plan through Hamline University. This notice has important information about your right to COBRA continuation coverage, which is a temporary extension of coverage under the Plan.

When you become eligible for COBRA, you may also become eligible for other coverage options that may cost less than COBRA continuation coverage.

The right to COBRA continuation coverage was created by a federal law, the Consolidated Omnibus Budget Reconciliation Act of 1985 (COBRA). COBRA continuation coverage can become available to you and other members of your family when group health coverage would otherwise end. For more information about your rights and obligations under the Plan and under federal law, you should review

For example, you

may be eligible to buy an individual plan through the Health Insurance Marketplace. By enrolling in coverage through the Marketplace, you may qualify for lower costs on your monthly premiums and lower out-



Your dependent children will become qualified beneficiaries if they lose



If you have questions